



Summer 2025

TO: State Tournament Teams

FR: Perry Coonce

RE: MSF Baseball Tournament Information

**Congratulations on qualifying and entering the 2025 MSF State Baseball Championships.** (NOTE: If your team qualified for the tournament or were notified of your acceptance as an at large team and have paid on line or via the US Mail by July 1 and do not see your team name listed in the online seeding list posted by midnight on Friday, July 4th at [www.msfc1.org](http://www.msfc1.org) please immediately contact [perry@msfc1.org](mailto:perry@msfc1.org).

**If you have not printed the on line advance tournament packet for your age and class and reviewed it yet please do so at <https://msfc1.org/?p=22304>.**

To facilitate the ranking/seeding process , please email [perry@msfc1.org](mailto:perry@msfc1.org) your current record (league/tournament seperate) by Monday, June 30th at 12 Noon. Many have already done this. **TEAMS WHO DO NOT PROVIDE A RECORD MAY BE PUT INTO A POOL WITH A HIGHER SEED, AND/OR MOVED UP A CLASS.**

A reminder if a team playing state this year finished in first or second place in Division AA state tournament play last year and is returning five or more players from last year's state tournament roster it must move up to AAA this year unless it petitioned and was granted permission to remain "AA".

For seeding purposes, coaches are asked to go to the MSF website, [www.msfc1.org](http://www.msfc1.org), where entered teams will be listed as of Tuesday, July 8th at midnight and rank/seed all of the teams in their age/class. Simply rank the teams in number order according to how you think they should be seeded. **This needs to be done by 5:00pm. on Wednesday, July 9th.** Please SAVE or scan and email your seeds to [perry@msfc1.org](mailto:perry@msfc1.org). **If your team qualified and has paid or been notified of your acceptance as an at large team but do not see your team name listed please email [perry@msfc1.org](mailto:perry@msfc1.org) right away. If you do not hear back within a couple hours also call him at 651-451-3140 and leave a message if nec.**

There are several teams that have yet to submit their roster on the official MSF post season tournament roster form which is required. The version you send us in advance of the tournament does not need the players or parents signatures. Just list all legal players and then make sure all participating players and their parents have signed the roster before you submit it at the tournament site (all teams need to submit a final copy of their roster at the tournament site even if you provided one to our office in advance, as required).

The state tournament schedule will be posted on the MSF website no later than Sunday, July 20th at midnight but you can start checking before that. **TEAMS SHOULD BE PREPARED TO PLAY A FRIDAY GAME AS EARLY AS 10:00AM.**

A reminder that all teams are to pay a gate fee for the weekend of \$175 at tournament check-in. Gate fee checks must be written out to the tournament host.

If any questions should arise, please contact [perry@msfc1.org](mailto:perry@msfc1.org).

**Thanks for taking time out to coach/ mentor our youth and have fun during tournament play!**

Perry Coonce  
MN State Commissioner  
Minnesota Sports Federation

#### Documents In Advance Packet

- Cover Letter
- Current Eligibility and Playing Rules
- Hotel/Motel Info
- Map to tournament site

PS: Please note umpires are in short supply and some games that previously had two umpires may only have one this year and the single umpire will be compensated at a higher rate. We hope this will not occur any more than necessary. One reason of course for the shortage is some coaches, fans and even players who sometimes abuse them. While calmly and respectfully asking a question on a rule interpretation is acceptable for a coach; berating an umpire or questioning judgement calls never is and will not be tolerated. Coaches, fans and players who cross the line will be disqualified from the tournament, be required to depart the facility and subject to a sportsmanship hearing. If you have someone associated with your team who can not control their emotions it is your responsibility to control them, or ask them not to attend the event. As you know without willing sports officials there are no athletic contests, and right now the future is not looking very bright in this regard.



MINNESOTA  
SPORTS FEDERATION

CORPORATE PARTNERS



AFFILIATED WITH  
Minnesota Youth  
Basketball Association  
National Softball Federation

Dear Head Coach:

Congratulations on qualifying for the **37th ANNUAL MINNESOTA SPORTS FEDERATION 11-UNDER AA BASEBALL STATE TOURNAMENT** to be held in the city of **BROOKLYN PARK** on **JULY 25-27**. Enclosed please find the tournament rules and other pertinent information. Please carefully review the information to avoid any misfortune which may disqualify your team from competition.

All team managers must report to the tournament headquarters located at **NORTHWOODS PARK** one-half hour prior to their first scheduled contest. At this time your "official tournament roster" will be checked. Teams without a properly completed roster will not be permitted to play. Teams found to have ineligible players will be immediately disqualified from competition. **Coaches must submit the \$175 lump sum gate fee at tournament check-in, made payable to BPAA BASEBALL.**

Teams are asked to support the tournament host by purchasing their food and beverages at the concession stands. Coolers or picnic lunches may not be brought into the complex.

State Tournament Personnel include:

The Host Representative is:

**Tammy Hoff** [tammy.hoff@hotmail.com](mailto:tammy.hoff@hotmail.com) 612-735-3834

The MSF Tournament Manager is:

**Tammy Hoff** [tammy.hoff@hotmail.com](mailto:tammy.hoff@hotmail.com) 612-735-3834

The Umpire-in-Chief is:

**Larry Heeb** [lheeb@gmail.com](mailto:lheeb@gmail.com) 763-370-2163

If any pre-tournament questions arise, please contact:

**Perry Coonce** [perry@msf1.org](mailto:perry@msf1.org) 651-451-3140 between 2pm-6pm

As a guest of the host community, it is asked that your team conduct itself in a responsible manner during their entire stay in the host city. Your observance of any specials rules that the host has established will assure the tournament's success. As you know, without willing hosts we would have not have postseason competition for the sports enthusiasts in the state of Minnesota. With your assistance, we can all be assured that our sports program will continue to grow and benefit thousands of participants each year.

In closing, it is the MSF's desire that your team performs to the best of their ability and enjoys the opportunity to participate against teams of their own caliber.

Sincerely,

Perry Coonce  
Program Administrator

## LEAGUES AND QUALIFIERS

Teams qualify for MSF State Tournament play via league play, weekend tournament play and by applying at large. League directors and tournament directors use their discretion in terms of what classes of teams they combine for league and tournament play. When different classes of teams are combined for league or tournament play, teams may only receive a state tournament qualifying packet for their MSF team class. If necessary to accomplish this, available packets may be passed down to 4th place.

## PLAYERS

Players must reside or attend school within 30 driving miles of the Minnesota state border.

Players must participate on the team nearest to where they reside or attend school. **EXCEPTIONS:** Any player who tried out and was cut from the team nearest to their residence or school, or was released from that team, may participate with the next nearest team to where they reside and attend school which they tried out for and made. If two teams are holding tryouts for the same city/school attendance area, players may try out for either team, but only be rostered on one team.

In order to participate in a MSF State Tournament, you will have had to compete in a minimum of four regularly scheduled league or tournament games with the team whose roster you are on. Lack of four games played due to injury or illness is not an exception.

Players may not be on two rosters in the same age division for qualifier play or play in two qualifiers on the same weekend of play. Players/teams may only play in one MSF State Tournament. If a team wins and accepts a state berth at a qualifier, the players are frozen to their roster and may not be picked up by another team playing for a state tournament berth or a different team playing in an MSF State Tournament. If the qualified team declines the state berth, that team's players may be picked up by another team playing state, provided the players are legal pickups.

## TEAMS

Open Tryouts or random placement of players must be used to form teams. Intact teams only, no combined teams. Reformed **ALL-STAR, RENAGADE** or **ROGUE** teams are not allowed in MSF Qualifier or State Tournament play. Teams that play in MSF Qualifiers or State Tournaments must emanate from a league/program that has four teams or more in each MSF age division and conducts an intraleague schedule of 12 games or more. Teams are allowed to pick up three players from their league/program for tournament play provided the players are in the same or lower age and team class. **NOTE:** If due to a lack of players available within a league/program draw area it may petition the MSF for special dispensation in that specific age group. **NOTE:** If there is no league/program available for a team to play in within one hour driving distance of the majority of their players legal residences they may petition the MSF for special dispensation.

## AGE REQUIREMENTS

A player must meet only one of the two criteria.

- 10U: 1.) Born on or after May 1, 2014 OR 2.) Player was in 4th Grade previous fall and born after May 1, 2013
- 11U: 1.) Born on or after May 1, 2013 OR 2.) Player was in 5th Grade previous fall and born after May 1, 2012
- 12U: 1.) Born on or after May 1, 2012 OR 2.) Player was in 6th Grade previous fall and born after May 1, 2011
- 13U: 1.) Born on or after May 1, 2011 OR 2.) Player was in 7th Grade previous fall and born after May 1, 2010
- 14U: 1.) Born on or after May 1, 2010 OR 2.) Player was in 8th Grade previous fall and born after May 1, 2009
- 15U: 1.) Born on or after May 1, 2009 OR 2.) Player was in 9th Grade previous fall and born after May 1, 2008



# Classes of Competition

## CLASS AAA

For skilled and competitive teams which compete in an “AAA” league or at “AAA” tournaments. Top teams from greater MN communities should consider playing “AAA”.

## CLASS AA

This classification is for teams which are less competitive than “AAA” teams, compete in a “AA” League or “AA” tournaments. This classification is intended for second or third teams from a community (second teams could possibly still be Class AAA). Class AA is also for teams from smaller communities which cannot compete at the “AAA” level. If a “AA” team finishes first or second at the MSF Class AA State Championship and returns 5 or more players, they shall be reclassified as “AAA” the following year if their association does not have an existing “AAA” team within their same age group. The MSF reserves the right to reclassify teams at any time.

# Roster Information

Roster limit is 18 players. Teams gaining entry to the state tournament through tournament qualifier play must utilize the team roster, which was used at the qualifier. If qualifier roster had less than 18 players, up to three players may be added provided they meet the designated eligibility requirements.

A properly completed MSF State Tournament Roster must be hand carried to the tournament site. Any team with an improperly completed roster shall be withheld from competition. Once the roster has been submitted at tournament headquarters it may not be amended in any way. MSF roster limit is 18.

The roster must include the residence or school address, which qualifies each team member as eligible for the MSF State Tournament. Players claiming eligibility through school attendance shall provide the schools address. Players claiming residence through their residence shall provide their home address.

Each player appearing on the MSF State Tournament roster must have in their possession (to be presented at team check-in) a copy of one of the following to verify their age/birth date or grade: birth certificate, computer printout from school showing birth date/grade, certificate of age/grade from church on letterhead, valid passport, certification of age/grade on letterhead signed by a superintendent/principal/attendance officer, hospital certificate of birth, school issued I.D. which includes birth date/grade, baptismal certificate.

Players must be prepared to prove their age/grade upon the request of a MSF Tournament Representative. Any team found to have used an ineligible player will be immediately disqualified from competition. Eligibility protests must be lodged by the game opponent prior to completion of the game. MSF reserves the right to investigate eligibility matters at any time, including after the event.

Players, teams, or coaches who have been disqualified by their local association for unsportsmanlike conduct or other inappropriate acts, provided due process was granted, are not eligible for MSF Qualifier or State Championship play.



# MSF Game Equipment

1. Unless modified here, all game equipment shall be in accordance with specifications listed in the National Federation of High School rulebook. Decisions made by the MSF Umpire in Chief regarding equipment are final.
2. All teams must wear numbered jerseys of the identical color, duplicate numbered jerseys are to be considered illegal and will not be allowed. Tape numbers are not acceptable. Illegally uniformed players must be withheld from competition until they become legal.
3. Metal spikes – High School rules apply for the 13-, 14- and 15-under age groups. They are not allowed in the 10-, 11-, and 12-under age groups.
4. Proper helmets must be worn while batting, base running and catching in accordance with the NFHS rules.

## 5. Bats:

### 10-13 year old teams:

Bats must:

- 1) have the **1.15 BPF (USSSA) or USABat** stamp; or
- 2) have a **BBCOR (National Federation)** stamp; or
- 3) be a wooden bat

### 14-15 year old teams:

Bats must:

- 1) have the **USABat** stamp; or
- 2) have a **BBCOR (National Federation)** stamp; or
- 3) be a wooden bat

**VIOLATION:** If first offense, batter is ruled out, runners return to previous base, batter and head coach are ejected from that game plus the following game. If second offense by same team, team is disqualified from tournament play.

6. Knee, elbow, hand, wrist, arm guard or brace made of plaster, metal or any other hard substance, even though covered or insulated with soft padding, is illegal. A hinged knee brace, if properly covered and padded with no metal protruding is LEGAL.
7. **Teams must supply their own first-aid kits. Athletic trainers may or may not be present.** Should a serious injury occur, player's parent/guardian and coach shall be allowed on the field. Parent/guardian or coach shall determine if an ambulance/paramedics should be called at the injured party's expense.

# MSF Playing Rules

**National Federation of High School rules shall govern play, except where modified in these rules. These rules will be used at the MSF State Tournaments and should also be used in qualifying tournaments. Any exceptions to these rules (which do not create a safety issue) must be stated in advance tournament play. Judgement calls may not be protested and rule interpretation protests must be announced and filed before the next pitch. Send for the tournament UIC before proceeding.**

1. The official schedule is the bracket board posted at tournament headquarters. It is the teams responsibility to be aware of any changes and to be in the right place at the right time.
2. Responsible adults must supervise teams at all times, on and off the field.
3. Home team shall be determined by a coin toss before every game.
4. A 10-minute grace period will be allowed for a team's first game before a forfeit is declared. Game time is forfeit time for all remaining games, but the MSF Site Manager must be summoned to declare it. A team that is a NO SHOW for their first game has one hour to contact the tournament director regarding the status of their remaining pool play games. If no contact is made within one hour, that team's games will be declared forfeits and they shall be dropped from the tournament.
5. A 10 run rule is in effect throughout the entire tournament. Games will end at the conclusion of 4 1/2 innings (home team) or 5 innings (visiting team) if the score differential is 10 runs or greater for all age groups.

## 6. Pitching/Base Distances:

AGE	PITCHING DISTANCE	BASE PATHS
10	46 feet	60 feet
11	46 feet	60-70 feet
12	52 feet	65-70 feet
13	52 feet	75-80 feet
14 & Up	60.5 feet	90 feet



# MSF Playing Rules Continued

## 7. Base Running Rules:

10 – U: Stealing is permitted however a runner may not leave the base until the ball crosses home plate. If the runner leaves early a dead ball is declared and the runner in violation is out. Dropped 3rd strike – Batter is out, runners may advance at their own risk, and ball is live.

11 – U: Stealing is permitted; however a runner may not leave the base until the ball leaves the pitchers hand. If the runner leaves early a dead ball is declared and the runner in violation is declared out. Dropped 3rd strike – batter is out, runner(s) may advance at their own risk – ball is live.

12 – 15 U: High school rules apply to leading off, stealing, dropped 3rd strike, etc.

## 8. Game Length / Time Limits:

**POOL PLAY:** 10–12U: 5 innings. No new inning shall begin after 1 hour 30 minutes (4 innings min).

**POOL PLAY:** 13–15U: 6 innings. No new inning shall begin after 1 hour 45 minutes (5 innings min).

**BRACKET PLAY:** 10-12U: 6 innings. No new inning shall begin after 1 hour and 45 minutes unless the score is tied. (5 innings minimum) Time limit is waived in championship games.

**BRACKET PLAY:** 13-15U: 7 innings. No new inning shall begin after 2 hours unless the score is tied. (6 innings minimum) Time limit is waived in championship games.

**\*\*In Pool Play games, if the score is tied at the end of regulation and the time limit has not expired, the game shall continue. Games may end in a tie in pool play once the time limit is reached. When the time limit is reached after an inning has started, it will continue thru that inning. The game will end immediately if the home team goes ahead in the bottom half of the inning. In both pool play and bracket play, if a game goes extra innings the international tiebreaker rule will be in effect. Each half-inning begins with a runner on 2nd base.**

9. **10-13U** free substitution applies and must bat the entire bench. Coaches are expected to follow the spirit of the rule here by batting the entire bench in all games during tournament play. If a player who is present is prevented from sitting on the bench to avoid the spirit of the rule, the head coach shall be prohibited from coaching any remaining games in the tournament and the game in question shall be forfeited. **14-15U** free substitution applies and have the option to bat the entire bench. Teams must notify both their opponent and the umpire at the pregame meeting which option they intend to use. Teams do not need to utilize the same option as their opponent. **For 10-14U**, ANY pitcher may re-enter the game as a pitcher at any time, even if they were not the starting pitcher, provided the player in question was not ejected from the game and has not exceeded per day/per tournament pitch limits. For 15U, ONLY THE STARTING PITCHER may re-enter the game as a pitcher (high school re-entry rules apply).

10. **10-13U** – A courtesy runner will be allowed for the current catcher or pitcher anytime. This means the catcher/pitcher must be the catcher/pitcher of record before and after the at bat. The courtesy runner will be the last player that made an out. The player that is run for must catch/pitch the next inning. **14-15U** – A courtesy runner will be allowed for the current catcher/pitcher anytime. Players who have participated in the game in any other capacity are ineligible to serve as courtesy runners until all players have participated. If all players have participated, then the courtesy runner will be the last player that made an out. The player that is run for must catch/pitch the next inning.
11. Teams must start the game with 9 players. If due to injury or illness, a team may finish a game with 8 players and no automatic out. A team reduced to less than 9 players due to an ejection shall be disqualified.
12. When batting the bench: If a player arrives late to a game or leaves early, close the batting order (eliminate the batting spot if player leaves) or for the player coming late you open up the batting order (add the batting spot at the bottom of the order). If a player is injured you close the batting order up (eliminate his batting spot and the player may not return that game). It is not an out when his spot comes up to bat. If a player is ejected in a 10-13 year old game then that batting spot is an out each time it comes up.
13. If a team forfeits a game in pool play all their results are cancelled and they may not advance to bracket play.
14. If a team is disqualified from the tournament by virtue of a legal protest filed by their opponent prior to completion of their game, their opponent shall move on in bracket play.
15. Only players listed on the MSF Sate Tournament roster may occupy the team bench. One batboy and one scorekeeper may occupy the bench in addition to team coaches. The tournament director reserves the right to limit the number of coaches per team.

# MSF Playing Rules Continued

16. Based on feedback received following the 2018 season, the MSF moved from Innings Pitched to a Per Day and Per Tournament Pitch Count limit, effective January 2, 2019. We believe the decision to move to a pitch count (though more bookkeeping will be necessary) will protect younger arms, while also requiring teams to develop pitching skills for all players. At the State Tournament, both teams are required to have a volunteer to keep track of pitches during games. Pitch counters are to keep track of pitches for both teams, and should check in with each other every half-inning and after every pitching change to avoid discrepancies, and must also report pitches thrown to the umpire. If there is a discrepancy, it must be resolved before play resumes. The per day and per tournament pitch count limits are listed below.

**10U: 75 pitches per day, 140 pitches per tournament**

**11U: 85 pitches per day, 150 pitches per tournament**

**12U: 85 pitches per day, 150 pitches per tournament**

**13U: 95 pitches per day, 160 pitches per tournament**

**14U: 95 pitches per day, 160 pitches per tournament**

**15U: 95 pitches per day, 160 pitches per tournament**

**NOTE:** If a player reaches his per day or per tournament limit during an at bat, he shall be allowed to finish that at bat but must then be removed from the game. Pitches which are batted foul, even those thrown with two strikes, shall be counted as pitches thrown.

**NOTE:** If the number of teams in pool play is imbalanced within a tournament a provision will be made to allow teams from the larger pools a greater number of pitches.

**For One-Day Tournaments, the appropriate “per day” pitch limit shall be in effect.**

**First violation of pitch count rule:** Head coach and pitcher ejected for that game, plus the following game.

**Second violation of pitch count rule by same team:** Team is disqualified from tournament play. Teams must keep track of pitches thrown by each pitcher during each game and verify with the opposing coach and umpire at the previously specified times and again immediately following the game. Coaches are also responsible for verifying the number of pitches thrown with the tournament director, who will keep a running total throughout the tournament.

## 17. **Defensive Conferences/Trips to the Mound**

Teams are limited to three (+1 in extra innings) defensive conferences/trips to the mound are allowed

PER GAME in all age groups (can all be used on the same pitcher). On 4th and subsequent trips to the mound, the pitcher must be removed from the pitcher position.

## 18. **For 10, 11, and -12U, the following pitches are legal: fastballs, change-ups, palm balls and knuckle balls.**

All other pitches, including but not limited to: curve balls, knuckle curves, sliders, etc., shall be considered illegal.

1st offense - warning;

2nd offense - pitcher and head coach are disqualified for the remainder of that game.

High school rules shall apply for 13U, 14U, and 15U age groups.

## 19. **WARM-UP PITCHES**

Pitchers shall be allowed no more than 6 warmup pitches during their first appearance as a pitcher, and are limited to 4 warmup pitches every inning thereafter. A pitcher who re-enters the game is limited to 4 warmup pitches upon re-entry.

## 20. **AROUND THE HORN**

After an out is recorded, the ball must be immediately returned to the pitcher, and not thrown “around the horn”.

## 21. **BALKS**

A balk may not be called in the 10 & 11U age groups unless the umpire judges the pitcher is being intentionally deceptive. A fake pitch will be considered a balk resulting in a dead ball with all runners advancing one base. High school rules will apply for the 12U, 13U, 14U, and 15U age groups.

## 22. **EJECTIONS**

Any player or coach ejected from a game for unsporting conduct (other than a pitching or equipment violation) will be suspended for the remainder of the tournament. These individuals may not be within 200 feet of the team bench throughout the remainder of the tournament. If the suspended party negatively affects the tournament in any way, they will be removed from the facility and may not set foot on any MSF State Tournament facility for the remainder of the weekend. If the individual(s) refuses to leave promptly and orderly, the police will be called. It is possible for the individual/team to face additional penalties regarding future MSF Tournament Participation.

# MSF Playing Rules Continued

23. A game that is suspended due to inclement weather (or for any other reason) will be resumed from the exact point of suspension. If any portion of the tournament is deemed unplayable, the tournament director/MSF staff reserves the right to do whatever is necessary to complete the tournament, including but not limited to changing the tournament format, shortening games, etc. The decision of the tournament director/MSF Staff is final.

If inclement weather (or any other reason) does not allow the tournament to be played out in its entirety, tournament staff may determine a champion from the remaining championship bracket teams using the following criteria:

- 1.) Overall Winning Percentage
  - 2.) Head-to-head (if two teams are tied)
  - 3.) Average run differential (max +/- of 10 per game)
  - 4.) Least number of runs allowed per game
  - 5.) Coin Toss.
24. In pool play games, if the score is tied at the end of regulation and the time limit has not expired, the game shall continue. Games may end in a tie in pool play. If time expires while a game is tied and in the middle of an inning, complete the inning in progress.
25. **POOL PLAY STANDINGS** are determined by:
1. Win/Loss Records
  2. Head-to-Head when only a two way tie exists
  3. Run differential in pool play (maximum +/- of 10 runs per game)
  4. Fewest runs allowed in pool play
  5. Most runs scored in pool play
  6. Coin Toss

**If a three-way tie exists, please see examples below:**

**EXAMPLE #1:** Team A = +8 run differential; Team B = +4 run differential; Team C = - 12 run differential; Team A is #1 seed from pool. Team B is #2 seed from pool, Team C is #3 seed.

**EXAMPLE #2:** Team A = +8 run differential; Team B = -4 run differential; Team C = -4 run differential; The tie between #2 and #3 seed in pool is broken by fewest runs allowed because they were tied in run differential. If still tied, go on to the tie breaker #5.

**EXAMPLE #3:** Team A = +2 run differential; Team B = +2 run differential; Team C = -4 run differential; The tie between team A and B is broken by the fewest runs allowed because they are tied in run differential. If still tied, go on to tie breaker #5.

**IMPORTANT NOTE:** Once the use of the 3-way tie breaker is necessitated, do not revert to head to head results to break a subsequent two-way tie.





# Concussion Management Guidelines

A concussion is an injury to the brain and any injury to the brain is serious. It is caused by a blow to the head or a blow to the body resulting in an injured brain. Even a seemingly minor blow or jolt can cause a brain injury.

All umpires and youth coaches in Minnesota who officiate or coach games in which 18-under players participate, must have undergone concussion training within the past three years at the website provided below. Umpires and coaches should print and keep their certificate of completion in their possession.

## Common Concussion Symptoms

Headaches	Nausea	Vomiting
Balance Off	Dizziness	Fatigue
Sensitive to Light	Sensitive to Sound	Ear Ringing
Numbness and Tingling	Visual Problems	Mentally Foggy
Difficulty Concentrating	Difficulty Remembering	Confusion
Nervousness	Drowsiness	Slurred Speech

## Return to Participation

Athletics should not return to play until:

Evaluation and clearance by Health Care Professional

Athletes must be symptom free at rest and during progressively demanding exercises.

Athletes must remain symptom free upon returning to practice/play.

Detailed Concussion Training is available at [www.cdc.gov/headsup/youthsports/training/](http://www.cdc.gov/headsup/youthsports/training/).

Additional resources available at [www.mnata.com/resources/concussion-management/](http://www.mnata.com/resources/concussion-management/) or [www.braininjurymn.org](http://www.braininjurymn.org).

# Lightning Protocol

Tournament directors and umpires should familiarize themselves with information on dealing with adverse weather from the local office of the National Weather Services.

A few recommendations are listed below:

- 1) If you can hear the thunder from a thunderstorm you could be in danger of being struck by lightning (lightning can travel as far as 10 miles from the parent cloud).
- 2) Always go indoors during a thunderstorm if possible. If not possible, avoid things that might attract lightning such as metal, tall trees, fences or power lines. If you are caught in the open, with no shelter available, crouch down with your hands on your knees.
- 3) Employ the 30 minute rule. Once play has been suspended due to the presence of lightning, thunder or high winds, wait 30 minutes until the last clap of thunder is heard or a flash of lightning is seen.

# **2025**

## **HOTEL INFORMATION**

### **HAMPTON INN BROOKLYN PARK**

9470 W Broadway  
Brooklyn Park, MN 55445

### **HOME2 SUITES BY HILTON BROOKLYN PARK MPLS**

9490 W Broadway  
Brooklyn Park, MN 55445

### **HOLIDAY INN & SUITES MAPLE GROVE**

11801 Fountains Way  
Maple Grove, MN 55369

### **RESIDENCE INN MINNEAPOLIS MAPLE GROVE**

11655 Arbor Lakes Pkwy N.  
Maple Grove, MN 55369

### **STAYBRIDGE SUITES MPLS-MAPLE GROVE**

7821 Elm Creek Blvd N.  
Maple Grove, MN 55369

### **EMBASSY SUITES MINNEAPOLIS NORTH**

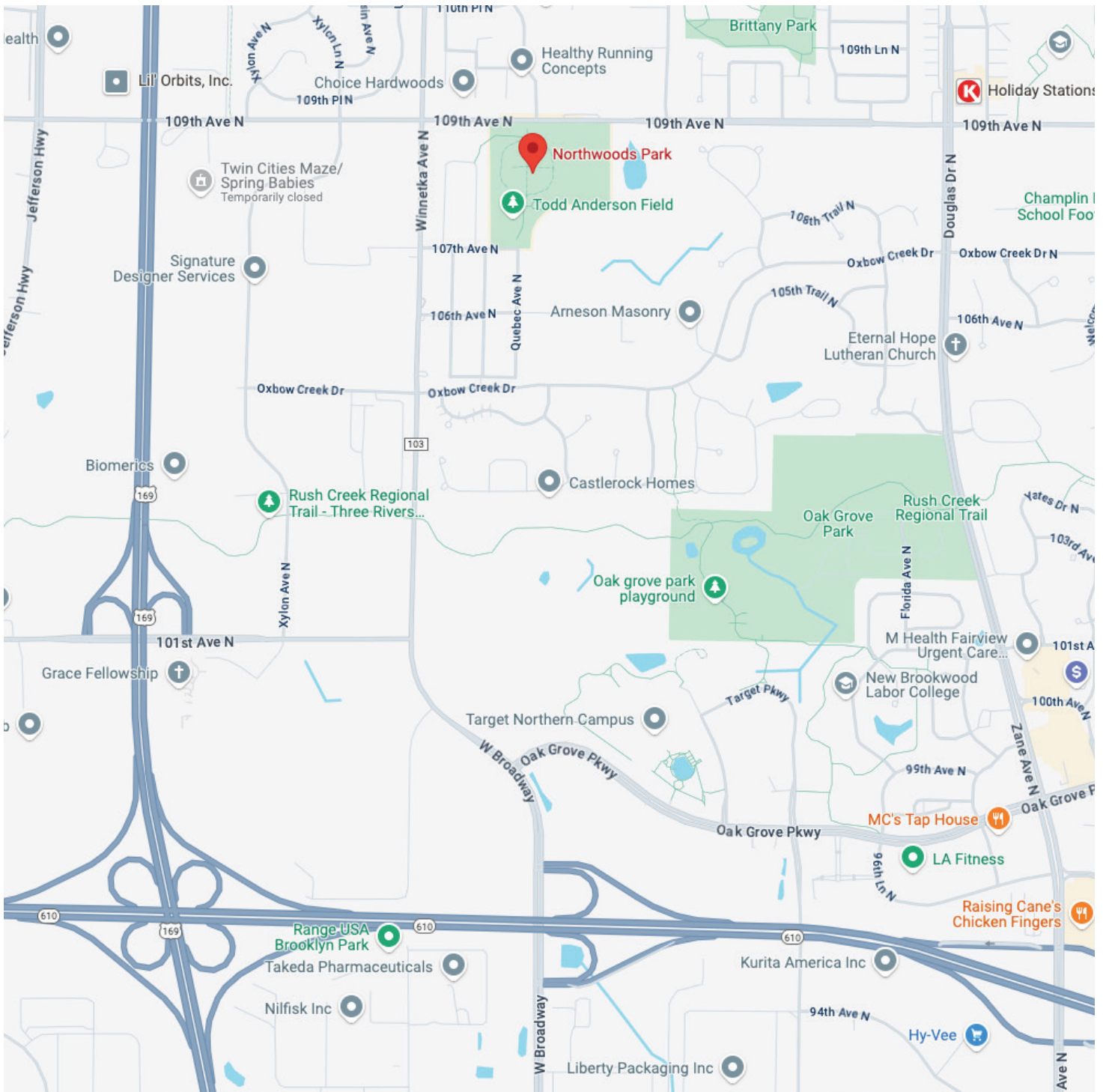
6300 Earle Brown Drive  
Brooklyn Center, MN 55430

# 2025

## SITE INFORMATION

### Northwoods Park

7600 107th Ave N • Brooklyn Park, MN 55445

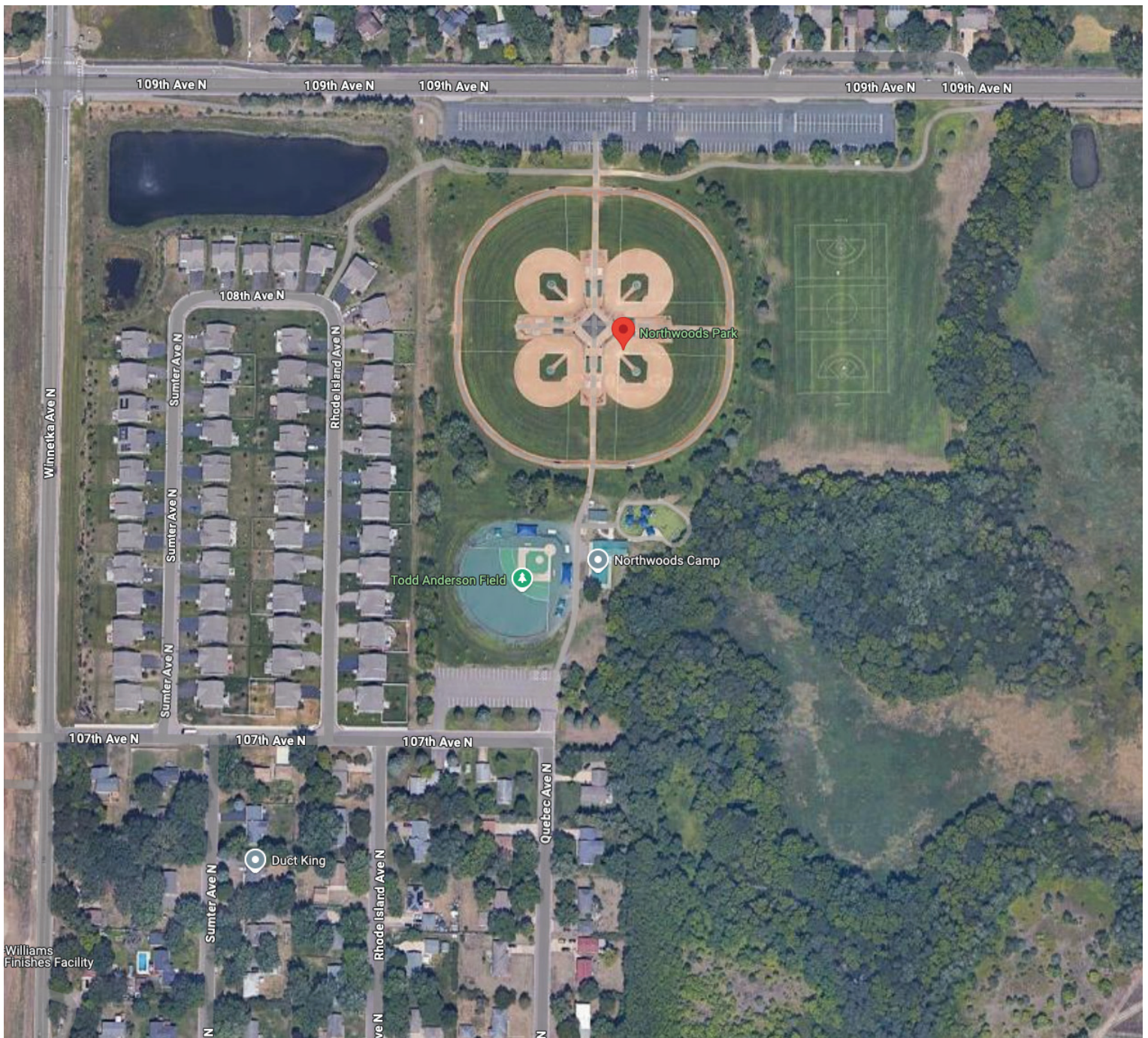




# 2025 SITE INFORMATION

## Northwoods Park

7600 107th Ave N • Brooklyn Park, MN 55445





# 2025

## SITE INFORMATION

### Brookdale Park

7650 June Ave. N. • Brooklyn Park, MN 55443

